



# CERTIFICATE OF PARTICIPATION

This is to certify that

**Warren De La Mare**

Has successfully participated & completed the  
**42km The Spar Knysna Forest Marathon**  
held at Knysna.

**TIME 06:04:13**

**PACE 08:39/km**

**GENDER 377 of 563**

**OVERALL 558 of 834**

**SENIOR (20- 192 of 39) 291**



08 July 2023, Sat

Date

*BoutTime*

Signature